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Promoting Safe and Healthy Living

We just added our final virtual information session.

Please join us on Wednesday March 9th, 16th and 23rd.

The webinars are FREE and educational.

Wednesday March 9th at 7 pm - Healthy Living

We are excited to host the City of Mississauga Recreation Department, who will be sharing information on healthy living.

Click on the link below to register.

<https://www.eventbrite.ca/e/healthy-living-virtual-webinar-tickets-272427206107>

CARASSAUGA PRESENTS

Healthy Living

Virtual Webinar Series

WEDNESDAY
MARCH 9
7PM

Learn 8 easy tips for healthy living along with ideas and options to help you get active with the City of Mississauga.

PRESENTED BY

The Mississauga logo consists of a stylized white 'M' shape above the word "MISSISSAUGA" in a white, sans-serif font.

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Senior Community Grant

The Ontario logo features the word "Ontario" in white, followed by the provincial shield logo.

Wednesday March 16th at 7 pm - Personal Safety

We are excited to host the Peel Regional Police, who will be sharing information on Personal Safety; recognizing high-risk environments and Frauds and Scams; understanding how to avoid becoming a victim.

Click on the link below to register.

<https://www.eventbrite.ca/e/personal-safety-virtual-session-tickets-273049958777>

A graphic for a webinar series. It features a background image of a police officer in uniform leaning on a car. The text is overlaid on the image. On the left, a yellow vertical bar contains the text: 'CARASSAUGA PRESENTS', 'Peel Police: Personal Safety', 'Virtual Webinar Series', 'WEDNESDAY MARCH 16 7PM'. Below this bar is a grid of blue squares. To the right of the bar, the text reads: 'Learn to recognize high-risk environments, behaviours, including fraud, in this webinar. Recognizing how to properly manage such situations can greatly improve your safety.' In the bottom right corner, there is a logo for 'PEEL REGIONAL POLICE' with the text 'PRESENTED BY' above it and 'PEEL REGIONAL POLICE' below it. In the bottom left corner, there is a logo for 'Ontario' with the text 'Funded by Senior Community Grant' above it.

CARASSAUGA PRESENTS

Peel Police: Personal Safety

Virtual Webinar Series

WEDNESDAY
MARCH 16
7PM

Learn to recognize high-risk environments, behaviours, including fraud, in this webinar. Recognizing how to properly manage such situations can greatly improve your safety.

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Wednesday March 23rd at 7 pm - Financial Planning

We are excited to host the TD Bank, who will be sharing information on Financial planning, learning skills and knowledge to make informed decisions about managing your money.

Click on the link below to register.

<https://www.eventbrite.ca/e/financial-planning-virtual-webinar-tickets-289646880617>

CARASSAUGA PRESENTS

Financial Planning

Virtual Webinar Series

WEDNESDAY
MARCH 23
7PM

Planning our finances in these uncertain times can be a challenge. Let us help.

Join our webinar to learn tips to help you with your financial goals and feel confident that we are working for you.



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